



## **Botox®**

Botox® is made from a neurotoxin called botulinum toxin that is produced by the bacterium Clostridium Botulinum. It is a drug used to cosmetically treat and minimize wrinkles by temporarily reducing contractions and relaxing the underlying muscles of the face. Botox® treatment is straightforward with very little discomfort that is easily tolerated by most patients. Noticeable results are typically seen within 5 to 7 days with full correction within 14 days. The benefits of a Botox® treatment will last anywhere from 3 to 4 months.

## **Post Treatment Care**

1. No manipulation (touching) at the treatment site for 3 to 4 hours after Botox® injection. This includes eyebrow waxing, facials, massages, and wearing tight hats or sunglasses.
2. Do not lay down for 4 to 6 hours after Botox® injection.
3. Do not perform any strenuous exercise or activity for 4 to 6 hours after your treatment.
4. Do not take any aspirin or Ibuprofen products as this may increase the risk of bruising.
5. Side effects and/or any long-lasting discomfort post treatment is very rare. In the unlikely event that you experience excessive pain, have difficulty breathing, speaking, vision problems, or weakness all over the body, please contact your provider directly through the OVME Mobile application, or OVME studio.