



Juvederm® (XC®, Vollure®, Volbella®, Voluma XC®)

Juvederm® is made primarily with Hyaluronic acid, a substance that is naturally present in the human body. As we age, we lose volume throughout our face through a natural thinning of the epidermis (surface skin) and loss of elastic tissues within the dermis (just below the epidermis). The results of this aging can be seen in the presence of deep folds in various facial areas as well as heavier wrinkles and loose skin. Hyaluronic acid is used to reintroduce volume to affected areas and restore a more youthful and smooth appearance. Juvederm® has several product variations with some more suitable to certain facial areas than others. Depending on the Juvederm® product, results can last 6 months to one year with some newer formulations that may last up to 2 years.

Post Treatment Care

1. The most common complications following dermal fillers include: swelling, bruising, or tenderness at the injection site, these typically lessen or disappear within a day or two. Some bruising may last up to 10-14 days.
2. Avoid strenuous exercise and alcohol for 24 hours after the procedure. Exercise can cause your blood vessels to dilate and can increase your risk of bruising.
3. You may apply make-up and return to your normal skin care regimen immediately after the procedure. We recommend using **SkinMedica® TNS Essential Serum** to enhance the results of your treatment by rebuilding collagen, improving the appearance of fine lines, wrinkles, skin tone and texture. The serum also includes antioxidants to help prevent free radical damage.
4. Some temporary lumpiness may occur before the balance of normal pressure can result from absorption.
5. To limit bruising and swelling, gently apply ice to the area every 10-15 minutes for 1-2 hours post treatment.
6. Limit exposure to excessive sun or extremes of temperatures until the initial swelling or redness has resolved. We suggest using a mineral based sunscreen with an spf of 30+.
7. Follow-up is generally scheduled 2 weeks post treatment.
8. In the unlikely chance that you experience excessive pain, a discoloration or blanching of the skin, excessive swelling, visible red lumps, or white heads, please immediately contact your provider directly through the OVME Mobile application, or OVME studio.