



## What to Expect During and After Vivace Microneedling

Minimal pinpoint bleeding  
Erythema (redness of the skin)  
Mild edema (swelling)  
Some discomfort  
Pressure  
Tingling sensation from anesthetic cream  
Warmth/heat from RF energy  
Sensation of a sunburn  
Crusting

1. During treatment **pinpoint bleeding** may occur, this is very common and expected.
2. Mild to severe **erythema (redness of the skin)** may also present during a treatment.
3. **Mild Edema** can also be present post treatment. This can be treated with cold packs, as well as our **Soothe Recovery Spray** and/or **Enhance Weekly Mask**.
4. During a treatment, you may feel heavy **pressure** from the pulse of the hand piece, especially in bony areas. This often happens when there is no fatty tissue to cushion the spot that is being pulsed.
5. Using a topical numbing cream for a prolonged period of time may cause **tingling**. When numbing cream is applied, typically your perioral (mouth) area will numb immediately. Please avoid licking or ingesting the cream.
6. During treatment, Radio Frequency energy is emitted into the layers of the skin. This can cause a **warming or heated sensation**. The beauty of the Vivace is the energy being dispersed evenly through the needle set and into the skin thus avoiding the possibility of “hot spots”.
7. Post Treatment, for up to 24 hours you may experience continued warmth, comparable to a **sensation of a sunburn**. This is normal and can be alleviated with cold packs.

### POST CARE

- For cleansing, use a very mild, soothing cleanser



- Refrain from applying make up until the following day. Use clean makeup brushes. Mineral-based makeup is best during the post-treatment period (24-48 hours).
- Do not use any additional skincare products during the first 24 hours following your treatment, unless advised by your clinician.
- Do not exercise or increase your heart rate 24-48 hours post treatment.
- Avoid all sun exposure for up to three days post treatment. Wear your hat and sunscreen.
- Refrain from deep exfoliation and/or retinol products for seven to 10 days post-treatment.